



Fairfield County Bariatrics & Surgical Specialists, P.C.  
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## REFLUX SURGERY PROGRAM QUESTIONNAIRE

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Race: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: (Home) \_\_\_\_\_ (Cell/Work) \_\_\_\_\_

### Please provide your Primary Care Physician's information:

Physician's Name: \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Please provide your Gastroenterologist's information:

Physician's Name: \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Please circle the following if you are currently or have experienced any of these symptoms:

Please Rate Severity 1-3

1= monthly or less

2= weekly

3= everyday

Heartburn \_\_\_\_

Dysphagia \_\_\_\_

Reflux \_\_\_\_

Regurgitation \_\_\_\_

Odontophagia \_\_\_\_

Nausea \_\_\_\_

Vomiting \_\_\_\_

Abdominal Pain \_\_\_\_

Bloating \_\_\_\_

Belching \_\_\_\_

Bile in Mouth \_\_\_\_

Diarrhea \_\_\_\_

Loss of Appetite \_\_\_\_

Gas/Flatulence \_\_\_\_

Afraid to Eat \_\_\_\_

Get Full Quick \_\_\_\_

Difficulty Sleeping \_\_\_\_

How long have you suffered from reflux? \_\_\_\_\_

What was your first symptom(s)? \_\_\_\_\_

What was your worst symptom(s)? \_\_\_\_\_

Do these symptoms occur while on medication? Yes \_\_\_ No \_\_\_

What medications have you taken in the past? Have they controlled your symptoms?

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Are you currently or have you been under the care of another physician for this? Yes \_\_\_ No \_\_\_  
If yes, please provide that information:

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Have you had any diagnostic testing done for these conditions? Yes\_\_\_ No\_\_\_

Please indicate below if you had the testing and if so where it was done:

Upper Endoscopy \_\_\_\_\_

Manometry \_\_\_\_\_

Motility \_\_\_\_\_

24 Hour pH test \_\_\_\_\_

Gastric Emptying Study \_\_\_\_\_

Other than the symptoms described in the previous page, have you experienced any of these secondary symptoms? Please indicate below:

Please Rate Severity 1-3

1= monthly or less

2= weekly

3= everyday

Chest Pain/Angina \_\_\_

Sore Throat \_\_\_

Choking \_\_\_

Asthma \_\_\_

Difficulty Breathing \_\_\_

Wheezing \_\_\_

Coughing \_\_\_

Forced Vomiting \_\_\_

Hoarseness \_\_\_

Dental Erosion \_\_\_

Do these problems effect your sleep? If yes, how so?

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Are these symptoms associated with eating? Do specific foods trigger reflux?

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How long after a meal do you experience these symptoms?

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**What do you take to make it feel better?**

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**Have you tried prescription or over the counter medication? If so, please indicate which medication and what dosage.**

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**MEDICAL HISTORY**

**Do you have or have you had any of the following in the past:**

- Heart Disease:** Yes\_\_\_ No\_\_\_
- Chest Pain/Angina..... Yes\_\_\_ No\_\_\_
  - Heart Attack.....How many events \_\_\_\_\_
  - Coronary Artery Disease..... Yes\_\_\_ No\_\_\_
  - Coronary Heart Failure.....Yes\_\_\_ No\_\_\_
  - Arrhythmia.....Yes\_\_\_ No\_\_\_
  - Atrial Fibrillation..... Yes\_\_\_ No\_\_\_
  - Pacemaker.....Yes\_\_\_ No\_\_\_
  - Pulmonary Embolism (blood clot in lung).....Yes\_\_\_ No\_\_\_
  - High Blood Pressure.....Yes\_\_\_ No\_\_\_
  - CVA (stroke).....Yes\_\_\_ No\_\_\_

**Venous Insufficiency (varicose veins):** Yes\_\_\_ No\_\_\_

**Thrombophlebitis:** Yes\_\_\_ No\_\_\_

- Breathing Problems:** Yes\_\_\_ No\_\_\_
- Asthma.....Yes\_\_\_ No\_\_\_
  - Shortness of Breath.....Yes\_\_\_ No\_\_\_
  - COPD.....Yes\_\_\_ No\_\_\_
  - Emphysema.....Yes\_\_\_ No\_\_\_
  - Other: \_\_\_\_\_

- Sleep Problems:** Yes\_\_\_ No\_\_\_
- Sleep Apnea Yes\_\_\_ No\_\_\_
  - Snoring Yes\_\_\_ No\_\_\_
  - Other: \_\_\_\_\_

- Diabetes:** Yes\_\_\_ No\_\_\_ If yes, how long: \_\_\_\_\_
- Diet Controlled.....Yes\_\_\_ No\_\_\_
  - Medication Controlled.....Yes\_\_\_ No\_\_\_
  - Insulin Dependent.....Yes\_\_\_ No\_\_\_
  - Gestational Diabetes (pregnancy related).....Yes\_\_\_ No\_\_\_



**Allergies and Intolerances** (Please indicate allergen and reaction):

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**SURGICAL HISTORY**

Please check all that apply:

- C-Section\_\_\_\_\_
- Tonsillectomy\_\_\_\_\_
- Appendectomy\_\_\_\_\_
- Gallbladder Surgery\_\_\_\_\_
- Ventral Hernia Repair\_\_\_\_\_
- Umbilical Hernia Repair\_\_\_\_\_
- Carpal Tunnel Repair\_\_\_\_\_
- Orthopedic Surgery Repair\_\_\_\_\_
- Cosmetic Surgery\_\_\_\_\_
- Other:\_\_\_\_\_
- Other:\_\_\_\_\_
- Other:\_\_\_\_\_

**SOCIAL HISTORY**

Marital Status:                      Single\_\_\_ Married\_\_\_ Divorced\_\_\_ Widowed

Do you drink alcohol?      Yes\_\_\_ No\_\_\_  
If yes, how many drinks per day/week? \_\_\_\_\_

Do you smoke cigarettes? Yes\_\_\_ No\_\_\_  
If yes, how many packs per day? \_\_\_\_\_ How many years have you smoked? \_\_\_\_\_  
If you have quit, how long ago did you stop? \_\_\_\_\_  
If you have quit, how many years did you smoke? \_\_\_\_\_

**This Section to be Completed by Physician:**

Review of Systems:

Head:  
Neck:  
Heart:  
Lungs:  
GU:  
GI:  
Ortho:  
Skin:

Diagnostic Testing:

EGD  
UGI  
Manometry/Motility  
24 pH  
Gastric Emptying Study

Treatment Plan/Next Steps: